

# **MENTAL HEALTH RESIDENTIAL PROGRAM (MHRP)**

**2310 and 1/2 Atascocita Rd., Humble, Texas 77396**

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**(MALE REFERRALS)**

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The Harris County CSCD Mental Health Residential Program (MHRP) is a 70 bed residential program designed to provide the Criminal Courts of Harris County with a residential program and aftercare support for male and female referrals who meet the eligibility criteria for the Young Men About Change (YMAC), the Substance Abuse Treatment Facility (SATF) or the Women Helping Ourselves - Atascocita (WHO-A) programs and who also have assessed needs for mental health services.

## **TARGET POPULATION:**

- Adult male and female offenders, 17 years of age and older and/or juvenile offenders 15-16 years old that have been certified as adults.
- Must have an assessed need for a structured residential treatment program.
- Must meet the eligibility criteria for one of the following residential programs:
  1. Young Men About Change (YMAC),
  2. Substance Abuse Treatment Facility (SATF) or
  3. Women Helping Ourselves - Atascocita (WHO-A)
- Must be stable without evidence of active psychosis and have a Major Priority Population Disorder diagnosis of:
  1. Major Depressive Disorder
  2. Bipolar Disorder
  3. Schizophrenia
  4. Schizoaffective Disorder
- Clients who have been responding to medication and/or treatment prior to placement into the program must be stable on medications and able to function within the parameters of the program.
- Must have no recent suicide attempts or documentation of suicidal ideation precautions within the last ninety (90) days.
- Felony or misdemeanor offenses are eligible. Misdemeanors must be assessed as high risk/needs and can comprise up to a maximum of 20% of the total program participants.
- Title 5 and sex offenses are eligible.
- Clients can be stipulated either as an initial Condition of Supervision or Modified Condition of Supervision.

**A Level of Service Inventory – Revised (LSIR) must be completed and recommend placement in a residential program prior to placing a client on the waiting list.**

## **PROGRAM LENGTH:**

Six (6) to twelve (12) months in duration followed by six (6) months of intensive oversight in the community. Out of county clients will normally be expected to return to the sending county and participate in appropriate aftercare supervision.

**PROGRAM OBJECTIVES:**

- Education – GED where needed
- Opportunity to change negative attitudes and behaviors
- Assume responsibility for own thoughts and behaviors
- Develop skills to succeed in a non-structured community setting
- Gender responsive treatment services – addressing women’s issues and their substance abuse
- Mental Health services addressed through:
  - Counseling
  - Case management
  - Medications
  - Housing and social skills training
  - Cognitive and family intervention to address co-occurring conditions

**EXCLUSIONS TO ADMISSION:**

- Pregnant females are not eligible
- Post Partum pregnancy – must have eight (8) weeks recovery and a medical release from the treating OB/GYN
- Post surgical recuperation of less than four (4) months
- Clients previously discharged from in-patient treatment for substantial program non-compliance must be approved by WHOA administration
- Clients with a history of non-compliance taking prescribed psychotropic medications while in treatment
- Significant mental retardation conditions
- Auditory/Visual Hallucinations
- Active Psychosis
- Need of detoxification
- Dialysis or severe renal (kidney) disorders
- Chronic or severe stomach, colon, bowel disorders
- Seizure disorders NOT controlled by medication
- Chronic medications (evaluated on individual basis)
- Need for chronic pain management with prescribed narcotic medications
- Fractures
- Quarantine patients (Hepatitis, T.B., etc.)
- Presence of contagious diseases
- Heart/vascular and/or unstable blood pressure
- Bleeding disorders
- Prescription medication that alters present state of mind
- Stroke history with significant impairments
- Diabetes – oral medications and/or insulin dependent

**REFERRAL/ADMISSION PROCESS:**

- The Court Liaison Officer or Region Officer CSO) refers the client to complete an assessment through the HCCSCD Assessment Unit or through the appropriate Region Assessment Specialist.
- The LSI-R assessment will determine the need for treatment and residential placement.
- If residential placement is needed, the Assessment Unit or Region CSO will submit the client’s assessment information for the Residential Review using email address **(csc) Residential Review.**

- If appropriate for residential placement AND information is found that the client has a mental health major priority population diagnosis of Bipolar, Major Depression, Schizo-affective Disorder, or Schizophrenia , the Residential staff will contact the MHMRA's New Start Program and request the client to be screened to determine appropriateness for participation in the Mental Health Residential Program.
- If the client is approved by MHMRA New Start for participation in the MHRP, Residential staff will contact the Assessment Unit or Region CSO of the New Start screening results.
- If approved, the CLO or Region Officer will complete the Conditions of Community Supervision with the Mental Health Residential Program wording. (If the Court has already stipulated a program, the CLO will ensure the prior stipulation is appropriate).
- The CLO or Region CSO will email the client information to **(csc) Residential Services** requesting placement on the Mental Health Residential Program waiting list. The file is then forwarded to the appropriate program.
- If the referred client is not in jail custody and continues to report to the Region CSO or CLO while waiting to enter the residential program, then the file is to remain with the supervising officer until the client is confirmed to have entered the program. The file is then forwarded to the appropriate program.
- The order of the program wait list is arranged according to the date that the client was approved for the program or the date of referral by the CLO or Region CSO requesting placement on the wait list.